

MON

TUES

WED

THURS

FRI

<p>HAPPY NEW YEAR!</p>	<p>1</p> <p>MPCS OFFICE & WELLNESS CENTER CLOSED</p>	<p>2</p> <p>MPCS OFFICE & WELLNESS CENTER CLOSED</p>	<p>3</p> <p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p>	<p>4</p> <p>Yoga: 10-11am</p>
				<p>Wellness Center Open: 8am-12pm SAT 5</p> <p>SMILES for Miles: Acadiana Lanes: 8:30-11am</p>
<p>7</p> <p>Circuit Training: 10:30am Gentle Yoga: 12-1pm</p> <p>Mobile Miles: Opelousas</p>	<p>8</p> <p>Pilates & Toning: 10-11am Breast Cancer Support Group: 5:30pm Pilates Express: 5:30-6pm</p> <p>Mobile Miles: Abbeville</p>	<p>9</p> <p>Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm</p> <p>Mobile Miles: Ville Platte/ Eunice</p>	<p>10</p> <p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p> <p>Mobile Miles: New Iberia</p>	<p>11</p> <p>Yoga: 10-11am</p>
			<p>SAT 12</p>	
<p>14</p> <p>Circuit Training: 10:30am Gentle Yoga: 12-1pm</p> <p>Mobile Miles: Opelousas</p>	<p>15</p> <p>Individual & Family Counseling: Call to RSVP Pilates & Toning: 10-11am Journey of Hope Cancer Support Group: 12-1pm Pilates Express: 5:30-6pm</p> <p>Mobile Miles: Lafayette</p>	<p>16</p> <p>Line Dancing: 11am-12pm Massage: 11am-1pm Gentle Yoga: 5:30-6:30pm</p> <p>Mobile Miles: New Iberia</p>	<p>17</p> <p>Pilates & Toning: 10-11am Creative Expressions: 12-2pm Toning Express: 5:30-6pm</p> <p>Mobile Miles: Eunice</p>	<p>18</p> <p>Yoga: 10-11am Massage: 11am-1pm</p>
			<p>SAT 19</p> <p>Wellness Center Open: 8am-12pm</p>	
<p>21</p> <p>Circuit Training: 10:30am Gentle Yoga: 12-1pm</p> <p>Mobile Miles: Opelousas</p>	<p>22</p> <p>Pilates & Toning: 10-11am Pilates Express: 5:30-6pm</p> <p>Mobile Miles: Mamou</p>	<p>23</p> <p>Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm</p> <p>Mobile Miles: New Iberia</p>	<p>24</p> <p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p>	<p>25</p> <p>Yoga: 10-11am Massage: 11am-1pm</p>
			<p>SAT 26</p>	
<p>28</p> <p>Circuit Training: 10:30am Gentle Yoga: 12-1pm</p> <p>Mobile Miles: Opelousas</p>	<p>29</p> <p>Pilates & Toning: 10-11am Pilates Express: 5:30-6pm</p>	<p>30</p> <p>Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm</p>	<p>31</p> <p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p>	<p>Classes & programs listed available at Miles Perret Office and Wellness Center only. They are not available on the Mobile Miles van.</p>

EVENTS

MPCS OFFICE & WELLNESS CENTER CLOSED
JANUARY 1st & 2nd

**SMILES for Miles:
 Acadiana Lanes**

JANUARY 5th | 8:30-11am

Roll on over! There's no time to **spare**. We're going bowling and hope to see you there! It's time to **strike** up some fun at Acadiana Lanes!

Call (337) 984-1920 to RSVP.
 Spaces are limited.

Journey Of Hope Cancer Support Group

January 15th | 12-1pm

Join us for the first meeting of our new Journey of Hope Support Group. This support group is open to all survivors in any stage of their journey.

Creative Expressions
January 17th | 12-2pm

Join us at MPCS for a fun arts and crafts class for all skill levels.

Call (337) 984-1920 to RSVP.



 **MOBILE MILES**

DATE	CITY	LOCATION	TIME
MON 7	Opelousas	OncoLogics (S. Campus)	9:00-12:00
MON 7	Opelousas	OGH Cancer Center (S. Campus)	1:00-3:30
TUES 8	Abbeville	Abbeville Gen. Hosp. (3rd floor)	9:00-1:00
WED 9	Ville Platte	505 E. Lincoln Road	9:00-12:00
WED 9	Eunice	3521 Hwy. 190 E (Suite W)	1:30-3:30
THUR 10	New Iberia	OncoLogics	9:00-1:00
TUES 15	Lafayette	Univ. Hosp. & Clinic (5th floor)	9:00-3:30
WED 16	New Iberia	Ships Medical (Dauterive H.)	10:00-3:30
THUR 17	Eunice	3521 Hwy. 190 E (Suite W)	9:00-1:00
MON 21	Opelousas	OncoLogics (S. Campus)	9:00-12:00
MON 21	Opelousas	OGH Cancer Center (S. Campus)	1:00-3:30
TUES 22	Mamou	Savoy Medical Center	9:30-3:30
WED 23	New Iberia	Iberia Medical Center	9:00-3:30
MON 28	Opelousas	OncoLogics (S. Campus)	9:00-12:00
MON 28	Opelousas	OGH Cancer Center (S. Campus)	1:00-3:30

 **MILES PERRET**
 CANCER SERVICES
 P.O. BOX 80763
 LAFAYETTE, LA 70598
 337.984.1920
 MILESPPERRET.ORG

Mobile Miles brings MPCS to you. Call Mobile Miles at 337-315-6834 or the Miles Perret office at 337-984-1920 for more information.

